



**Govern  
de les Illes Balears**

Conselleria d'Educació i Cultura  
Direcció General de Formació Professional  
i Aprenentatge Permanent

Llinatges:

Nom:

Document d'identificació:

Qualificació	
--------------	--

**PROVA D'ACCÉS A CICLES FORMATIUS DE GRAU SUPERIOR**

**Convocatòria maig de 2011**

**Part comuna: Llengua estrangera - anglès**

### **Swimming with dolphins**

A new study carried out in Honduras reports that swimming with dolphins helps reduce stress and lift depression. Researchers from England's Leicester University found that 15 people with moderate depression became happier after they swam with dolphins. Playing in the water with the dolphins led to falling levels of symptoms of depression in the patients. The study observed two groups of patients – one played with dolphins, the other swam alone in a pool. The dolphin therapy lifted depression much quicker than results usually seen with psychotherapy or drug therapy. Researcher Michael Reveley said animals could be used to treat other mental illnesses. He also said dolphins are “highly intelligent animals that are capable of complex interactions, and regard humans positively.” He added: “We are part of the natural world, and interacting with it can have a beneficial effect on us.” They concluded that being with nature is very important for human wellbeing.

*Adapted from breakingnewsenglish.com*

**1. a. Write a short summary of the text. Do not use more than 50 words. (2 points)**

**b. Answer the questions. (1 point)**

- What is the difference between the dolphin therapy and other therapies?
-



- Why does interacting with the natural world have a beneficial effect on us?
- 

## 2. Vocabulary (2 points).

Find synonyms in the text for the following words:

- informs
- consider
- decreasing
- faster

## 3. Grammar (2 points)

- a. Complete the conditional sentences with the correct form of the verbs in brackets. (1 point)

It (be) difficult to find a hotel if we arrive late.

---

What (do) if you won the lottery?

---

- b. Write the simple past of the verbs in brackets (1 point)

I (not go) to work yesterday because I (not be) very well.

---

## 4. Writing (3 points)

What do you do when you feel stressed? Write about the things that help you reduce stress and live a happier life. (100 words approximately)